

IMPORTANT SIGNS TO WATCH FOR WHEN YOU ARE PREGNANT

Your hospital is the safest place for you if you need help during pregnancy.

Go to the hospital right away and contact your doctor/midwife if you have any of these symptoms!

Take extra care to avoid getting COVID-19 during the pandemic. If you have COVID-19, do not take a cab or public transit to go to the hospital. Call the hospital for instructions.

Bad cramps or stomach pains that don't go away.

Spotting or bleeding from your vagina.

Trickle or gush of fluid from your vagina.

Lower back pain/pressure or change in lower backache.

A feeling that the baby is pushing down.

Contractions, or change in the strength or number of them.

An increase in the amount of vaginal discharge.

Fever, chills, dizziness, vomiting or bad headache.

Blurred vision or spots before your eyes.

Sudden or severe swelling of your feet, hands.

A decrease in your baby's movement.

Being in a motor vehicle accident.

